**CCC-OCA & CCRF Webinar Series April 2011**

***Cochrane and Evidence for Practice***

**Module 1:** (5 April, 2001)

**Everything that you ever wanted to know about Cochrane and its use in clinical practice**

1. What are the three components that make up evidence-based practice?

1. evidence, decision, healthcare
2. evidence, professional expertise, client values
3. evidence, trials, systematic reviews
4. none of the above

2. What is the purpose of evidence informed decision making and evidence based practice?

1. A way to cut costs for the health system
2. A standardized approach to good practice
3. An approach to understand what we know and what we don’t know about an intervention
4. None of the above

3. Why is understanding research important?

1. research evidence informs health care decisions and clinical practice
2. research informs benefits and harms for clinical practice
3. research may vary in quality and rigor
4. all of the above

4. You are looking for information on the effect of a treatment. Which source would you read first?

1. single large clinical trial
2. a systematic review
3. series of case studies
4. many small trials

5. What are Systematic Reviews?

1. randomized controlled trials
2. critical appraisal and syntheses of research studies
3. case control studies
4. protocols

6. What are the advantages of using Systematic Reviews?

1. Summarizes evidence form a broad range of research methods
2. Saves the time required to read individual studies
3. The results are more reliable than individual studies
4. All of the above

7. What is the main product of the Cochrane Collaboration?

1. Several data bases of evidence
2. The Cochrane Library
3. Economic evaluations
4. Health technology assessments

8. How many review groups are located in Canada?

1. 53
2. 18
3. 6
4. 2

9. The Canadian Cochrane Centre works with its partners, like the OCA/CCRF to:

1. Provide information sessions and author training workshops
2. Provides a link to the latest relevant review on their partners’ professional websites though a “Cochrane Corner” or in their newsletter
3. Develop plain language summaries of reviews
4. All of the above